

Rincon Recovery Resources is an Out Patient Counseling Center treating issues related to substance abuse and emotional wellness.

We are an established local resource dedicated to providing quality treatment to meet the needs of our community. We offer a range of services that are cost effective and available to those seeking help.

## PROGRAM SERVICES:

- ASSESSMENTS (Alcohol/Drug)
- BARIATRIC SERVICES  
COUNSELING/WORKSHOPS
- CLINICAL EVALUATIONS  
(DUI Offenders)
- COUNSELING SERVICES  
(Adults/Families/Teens)
- LEVEL-I TREATMENT  
(GA DHR Approved Program)
- MRT GROUPS (Adults/Juveniles)
- OUT- OF-STATE LICENSE  
REINSTATEMENT

Our clients are respected for the courage it takes to reach out and ask for help. All services are confidential. During their treatment process, clients will meet in a safe and therapeutic environment. Payment arrangements are available for most services. We strive to provide our clients with quality programs and will work in collaboration with community resources to ensure a full continuum of care.

## ALCOHOL AND DRUG ASSESSMENTS

This assessment is offered to those who are court/probation ordered, or those seeking help for substance abuse related problems. This interview process will focus on multiple areas to determine the level of dysfunction and specific needs of the client. Assessments are by appointment only and conducted by licensed counselors. Counselors will make appropriate recommendations, provide referrals, and when necessary follow up with court officials. If other services are required, a list of resources can be provided.

## COUNSELING SERVICES

Licensed Counselors offer private therapy sessions to individuals dealing with life struggles such as codependency issues, depression, eating disorders and anxiety. We are certified in Trauma Resolution Therapy-trauma defined by the individual (examples-divorce, grief, abuse). Often symptoms (depression, insomnia, aggression) develop in a reaction to unresolved feelings/situations. One on one counseling provides a safe environment to establish healthy living skills and behaviors.

## SUBSTANCE ABUSE PROGRAM (LEVEL I)

This is a structured group designed to meet the needs of individuals who are being negatively affected by substance use. Individuals seeking treatment voluntarily or by court order will participate in a weekly substance abuse education group. The group meets on Tuesdays from 6-9pm. We are an abstinence based program. Through abstinence, individuals will have the opportunity to develop the skills necessary to make lifestyle changes conducive to recovery. Relapse prevention sessions include stress management, anger management, increasing self esteem, and developing sober life skills to assist with improving quality of life.

Prior to enrollment, a client will complete a substance abuse assessment with one of our addiction counselors.

## A NEW LIFE BARIATRICS

The term *bariatrics* refers to the branch of medicine that is concerned with the treatment of obesity.

We are proud to be the only Licensed and Certified Bariatric Education Program in this region. We provide materials and resources to help individuals adjust to the new lifestyle and supplement their existing program. Workshops are designed to meet the specific needs regardless of the type of weight loss procedure and offer pre-/post-operative benefits.

### Success Habits



This unique one day workshop provides the understanding and Successful Weight Loss Principles that will help individuals reach their target goal weight and help to ensure long term weight maintenance. Fees include a full day of instruction from the Success Habits Final Workbook- along with in depth explanation of the 6 key Principles making this program a *must!*



As with any addiction, food and weight issues are only symptoms. This program is designed specifically for WLS individuals who have regained weight or did not lose all the desired weight. Fees include a set of 6 self study booklets and 6 weeks of face-to-face instruction. Feeling ashamed of regain is common, *Back on Track* begins the process of understanding obesity, healing and hope! Contact our office for registration both workshops are offered throughout the year. Individual counseling is also an option in changing the relationship with food!

## CLINICAL EVALUATIONS FOR DUI OFFENDERS

As a requirement of the State of Georgia, the new DUI law states any person convicted of 2 DUIs in 10 years (since July 1, 1997) or any person convicted of one DUI since July 1, 2008 must complete DUI Risk Reduction School AND a Clinical Evaluation ([www.mop.uga.edu](http://www.mop.uga.edu))

Rincon Recovery is state certified providing clinical evaluations, recommendations and the DUI Offender Program (Level I). The DUI Offender Intervention Program meets the requirements for first time offenders- offering 6-12 week groups and for multiple offenders the 17-52 week groups. Our groups are opened with on-going enrollment.

### MRT<sup>®</sup> GROUPS

MRT<sup>®</sup> is an evidenced based program that uses cognitive and behavioral techniques to improve moral reasoning and identify behaviors that continue to cause problems for the individual. This group is offered separately to adults and adolescents. MRT focuses on gaining the skills necessary to make changes to “stinking” thinking, negative attitudes and behaviors. In order to participate in this group, an individual is referred (self or other agency), attend weekly 60-90 minute sessions, and complete the MRT workbook.

*“Counseling Close to Home”*

**(912) 826-0918**

**[www.rinconrecovery.com](http://www.rinconrecovery.com)**

### DIRECTIONS:

From I-95/ Follow Highway 21 N.  
Travel North into Rincon  
At 3<sup>rd</sup> traffic light turn LEFT  
(DQ and Food Lion Plaza)

From Screven County or Springfield  
Travel Highway 21 South  
At 3<sup>rd</sup> traffic light turn RIGHT  
(DQ and Food Lion Plaza)

The Square at Towne Park  
613 Towne Park Drive West  
(located behind the Food Lion Plaza)

Rincon Recovery Resources  
SUITE 103



**[www.rinconrecovery.com](http://www.rinconrecovery.com)**

*Counseling Close to Home*



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